

## DEVELOPMENTAL TASKS THROUGH THE YEARS

(Havighurst)

Infancy Early Childhood	Middle Childhood	Adolescence	Early Adulthood	Middle Age	Later Maturity
<ol style="list-style-type: none"> <li>1. Learning to talk.</li> <li>2. Learning to take solid foods.</li> <li>3. Learning to talk.</li> <li>4. Learning to control elimination.</li> <li>5. Learning sex differences.</li> <li>6. Achieving physiological stability.</li> <li>7. Forming concepts of social and physical reality.</li> <li>8. Relating oneself emotionally to parents, siblings and other people.</li> <li>9. Learning to distinguish right from wrong.</li> </ol>	<ol style="list-style-type: none"> <li>1. Learning physical skills necessary for ordinary games.</li> <li>2. Building wholesome attitudes toward self.</li> <li>3. Learning to get along with age mates.</li> <li>4. Learning an appropriate masculine or feminine social role.</li> <li>5. Developing basic skills in reading, writing and calculating.</li> <li>6. Developing concepts necessary for everyday living.</li> <li>7. Developing conscience, morality and a scale of values.</li> <li>8. Achieving personal independence.</li> <li>9. Developing attitudes toward social groups and institutions.</li> </ol>	<ol style="list-style-type: none"> <li>1. Achieving new and more mature relations with age mates of both sexes.</li> <li>2. Achieving a masculine or feminine social role.</li> <li>3. Accepting one physique and using body.</li> <li>4. Achieving emotional independence of parents and other adults.</li> <li>5. Achieving assurance of economic independence.</li> <li>6. Selecting and preparing for an occupation.</li> <li>7. Preparing for marriage and family life.</li> <li>8. Developing intellectual skills and concepts necessary for civic competence.</li> <li>9. Deserving and achieving socially responsible behavior.</li> <li>10. Acquiring a set of values and ethical system as a guide to behavior.</li> </ol>	<ol style="list-style-type: none"> <li>1. Selecting a mate.</li> <li>2. Learning to live with a marriage partner.</li> <li>3. Starting a family.</li> <li>4. Rearing children.</li> <li>5. Managing a home.</li> <li>6. Getting started in an occupation.</li> <li>7. Taking on civic responsibility.</li> <li>8. Finding a congenial social group.</li> </ol>	<ol style="list-style-type: none"> <li>1. Achieving adult, civic and social responsibility.</li> <li>2. Establishing and maintaining an economic standard of living.</li> <li>3. Assisting teen-age children to become responsible and happy adults.</li> <li>4. Developing adult leisure-time activities.</li> <li>5. Relating oneself to ones spouse as a person.</li> <li>6. To accept and adjust to physiological changes of middle age.</li> <li>7. Adjusting to aging parents.</li> </ol>	<ol style="list-style-type: none"> <li>1. Adjusting to decreasing physical strength and health.</li> <li>2. Adjustment to retirement and reduced income.</li> <li>3. Adjustment to death of spouse.</li> <li>4. Establishing affiliation with ones age group.</li> <li>5. Meeting social and civic obligations.</li> <li>6. Establishing satisfactory living arrangements.</li> </ol>

Trust Independence-Initiative

Achievement  
Industry

Identity

Intimacy

Responsibility

Integrity

### GROWTH ESSENTIALS (Erikson)

Extension Parenting Programs, 1996-97, Vi Taylor, County Extension Agent - Family & Consumer Sciences

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